

St. Mary's Springs Ledgers 2019 Girls Volleyball Camp

Camp Director: Michelle Born, Head Coach
Email: michellelynnborn@yahoo.com

Dates:

Monday, July 22 – Wednesday, July 24
Grades 5, 6 and 7 10:00 am-12:00 pm Grades
8 and 9 2:30 pm-4:30 pm
Grades are for the fall of the 2019-2020 school year

Philosophy: This volleyball camp is designed to teach the basic and advanced fundamentals of volleyball for all age and skills. Coach Born and her staff will utilize top notch player and coaching experience to help each individual improve, and teach them how to use their knowledge after camp has concluded. Current and former Ledger players will be used to demonstrate skills and show their appreciation for volleyball.

CAMP GOAL: Our goal is to provide quality instruction of the fundamentals of volleyball for grade school, middle school, and high school players. The emphasis of our camp will be to help the players improve their skills for next year and future seasons by giving them an appreciation and love for the great game of volleyball.

CAMP FEATURES:

Instant Feedback by Coaches	Camp T-shirts	Competitive scrimmages
Individual & Team Defense	Spiking Instruction	Serving Refinement
	Passing & Ball Handling Drills	Contests & Awards

REGISTRATION: Camp registration will be set at 60 players for each session to insure individual attention for all campers. Be sure to register early because some camp sessions have filled up quickly in the past. Registration deadline is **FRIDAY, July 5, 2019.**

CAMP COST \$35.00

.....cut and send bottom portion,.....
NAME _____ Grade '19 'or '20 POSITION _____ (if applicable)

ADDRESS _____ CITY _____ ZIP _____

HOME PHONE _____ WORK PHONE _____

CELL PHONE _____ SCHOOL LAST YEAR _____

EMAIL _____

T-SHIRT SIZE (circle one) Youth Sizes: M L Adult Sizes: S M L XL XXL

Checks may be made payable to: **SMSA CAMPS**

Send to: Greg Hoffmann
255 County Road K
Fond du Lac, WI 54937

PARENT STATEMENT: In case of an accident emergency, I hereby authorize the camp directors to act accordingly to their best judgement in a medical emergency. I accept full responsibility for liability and the cost of treatment.

PARENT SIGNATURE: _____ DATE _____