



MARCH | 2019

Middle School/High School menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>We will not be serving any meat on days of Lenten abstinence</p>	<p>26</p>	<p>27</p>	<p>28</p>	<p>1 Main Entrées: Hot ham & Cheese sandwich Hamburger/cheeseburger Fish sandwich</p> <p>Sides: Black bean salsa w/scoops Garden bar</p>
<p>4 Main Entrées: *Turkey haystack w/breadstick Hamburger/cheeseburger *Ham & Swiss Sandwich</p> <p>Sides: Broccoli Garden bar</p> <p>Extra: Chocolate graham crackers</p>	<p>5 Main Entrées Chicken Quesadilla Hamburger/Cheeseburger *Yogurt parfait</p> <p>Sides: Saucy Refried Beans Garden bar</p> <p>Extra: cookie</p>	<p>6 Ash Wednesday – system Mass Ash Wednesday Main Entrées: Macaroni & Cheese W/Breadstick Tuna salad croissant Fish sandwich</p> <p>Sides: Carrots Garden Bar</p>	<p>7 Main Entrées Cheesy hash browns & ham w/garlic bread Hamburger/cheeseburger Hot Italian sub</p> <p>Sides: Mixed Vegetables Corny potato chowder Garden bar</p>	<p>8 Main Entrées: Cheese pizza Shrimp poppers Fish sticks</p> <p>Sides: Smiley potatoes Garden bar</p>
<p>11 Main Entrées: Lasagna w/garlic bread Hamburger/cheeseburger *Chicken salad croissant</p> <p>Sides: Corn Garden bar</p>	<p>12 Main Entrées Chicken tenders Hamburger/Cheeseburger *Yogurt parfait</p> <p>Sides: Stir fry vegetables Fried rice Garden Bar</p> <p>Extra: cheez-it crackers</p>	<p>13 Main entrées: French toast sticks w/scrambled eggs Hamburger/cheeseburger *Deli combo sandwich</p> <p>Sides: Hash browns Garden bar</p>	<p>14 Main Entrées: Hot Dog W/Bun Hamburger/cheeseburger *BBQ ranchero salad</p> <p>Sides: Baked Beans French fries Garden bar</p> <p>Creamy chicken & rice chowder</p>	<p>15 Main Entrées: *Bosco Sticks w/marinara Fish sandwich Tuna salad croissant</p> <p>Sides: potato wedges Garden bar</p>
<p>18</p> <p>Spring Break</p>	<p>19</p> <p>Spring Break</p>	<p>20</p> <p>Spring Break</p>	<p>21</p> <p>Spring Break</p>	<p>22</p> <p>Spring Break</p>
<p>25 Main Entrées Teriyaki chicken w/rice Hamburger/Cheeseburger *Turkey club sandwich</p> <p>Sides: Stir fry vegetables Garden Bar</p> <p>Extra: Rice krispie treat</p>	<p>26 Main Entrées: Walking taco Hamburger/cheeseburger *Yogurt parfait</p> <p>Sides: Saucy refried Beans Garden bar</p>	<p>27 Main Entrées: Hot ham & Cheese sandwich Hamburger/cheeseburger BBQ Chicken Flatbread</p> <p>Sides: Maple glazed sweet potatoes Garden bar</p> <p>Extra:Cheez-it crackers</p>	<p>28 Main Entrées: Pizza Bake W/Breadstick Hamburger/cheeseburger *Thai Sweet chili chicken bowl</p> <p>Sides: Cauliflower Cheesy vegetable soup Garden bar</p>	<p>29 Main Entrées: *Cheesy bites w/marinara Fish sticks Egg salad croissant</p> <p>Sides: Seasoned French fries Garden bar</p>

News

All meals include ½ pint choice of skim white or chocolate or 1% white milk

Garden bar offers fresh and canned selections of fruit and fresh vegetables

How to make a meal deal
Please choose a minimum of a side ½ cup fruit or vegetable and two other components for a meal deal.

A full high school meal deal features one main entrée, milk, and up to four sides.

A full middle school meal features one main entrée, milk and up to three sides.

*Note: *Grab-n-go meals meet full meal requirement*

Middle school meal: \$2.60
High school meal: \$2.85
Extra milk ½ pint: \$0.40
Adult: \$3.55

Menu subject to change without notice

This institution is an equal opportunity provider