



FEBRUARY | 2019

Middle School/High School menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

28	29	30	31	1 Main Entrées BBQ Pork Sandwich Hamburger/Cheeseburger Fish sandwich Sides: Maple glazed sweet potatoes Garden bar
4 Main Entrées: Pizza slice Hamburger/cheeseburger *BBQ Ranchero salad Sides: Smiley potatoes Garden bar	5 Main Entrées Chicken tenders Hamburger/Cheeseburger *Yogurt parfait Sides: Stir fry vegetables Fried rice Garden Bar Extra: cheez-it crackers	6 Main Entrées: Hot Dog W/Bun Hamburger/cheeseburger *Turkey Panini sandwich Sides: Baked Beans French fries Garden bar	7 Main Entrées Chicken quesadilla Hamburger/Cheeseburger *Thai Sweet chili chicken bowl Sides: Saucy refried beans Corny potato chowder Garden bar Extra: Snack mix	8 Main Entrées Cheesy hash browns & ham w/breadstick Hamburger/cheeseburger Fish sandwich Sides: Mixed Vegetables Garden bar Extra: Cookie
11 Main Entrées: *Bosco Sticks w/marinara Hamburger/cheeseburger *Eggrolls Sides: Potato wedges Garden bar	12 Main Entrées Chicken Alfredo w/garlic bread Hamburger/Cheeseburger *Yogurt parfait Sides: Green beans Garden bar	13 MS/HS Mass Main Entrées: Hot ham & Cheese sandwich Hamburger/cheeseburger BBQ Chicken Flatbread Sides: Maple glazed sweet potatoes Garden bar Extra: Cheez-it crackers	14 Main Entrée's Valentine chicks W/Dinner Roll Hamburger/cheeseburger Corn dog on a stick Sides: Mashed Potatoes & Gravy Chicken Tortilla soup Garden Bar Extra: Cookie	15 No School Staff Development
18 Main Entrées Teriyaki chicken w/rice Hamburger/Cheeseburger *Ham & Swiss sandwich Sides: Stir fry vegetables Garden Bar Extra: Rice krispie treat	19 Main Entrées: Walking taco Hamburger/cheeseburger *Yogurt parfait Sides: Saucy refried Beans Garden bar	20 Main Entrées Meatball marinara & pasta w/garlic bread Hamburger/cheeseburger *Deli club sandwich Sides: Key West vegetables Garden bar	21 Main entrées: Pancakes & sausage Hamburger/cheeseburger Hot Italian sub sandwich Sides: Hash browns Queso chicken chowder Garden bar	22 All System Mass Main Entrées: Chili w/sweet roll Hamburger/cheeseburger Shrimp poppers Sides: Corn Garden bar
25 Main Entrées: Chicken Nuggets W/Roll Hamburger/cheeseburger *Turkey club sandwich Sides: Mashed Potatoes & Gravy Garden bar	26 Main Entrées: Mini Corn Dogs Hamburger/cheeseburger *Yogurt parfait Sides: Baked beans Seasoned French fries Garden bar	27 MS/HS Mass Main Entrées: Pizza Bake W/Breadstick Hamburger/cheeseburger Chili Cheese wedges Sides: Cauliflower Garden bar Extra: Rice krispie treat	28 Main Entrées *Cheesy bites w/marinara Hamburger/cheeseburger *Turkey Panini sandwich Sides: Green beans Creamy cauliflower soup Garden bar Extra: snack mix	1 Early Release No lunch served

News

All meals include ½ pint choice of skim white or chocolate or 1% white milk

Garden bar offers fresh and canned selections of fruit and fresh vegetables.



“Souper” Thursday is back

How to make a meal deal
Please choose a minimum of a side ½ cup fruit or vegetable and two other components for a meal deal.

A full high school meal deal features one main entrée, milk, and up to four sides.

A full middle school meal features one main entrée, milk and up to three sides.

Note: *Grab-n-go meals meet full meal requirement

Middle school meal: \$2.60
High school meal: \$2.85
Extra milk ½ pint: \$0.40
Adult: \$3.55

Menu subject to change without notice
This institution is an equal opportunity provider