



# JANUARY | 2019

## SMSA ELEMENTARY MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>31</b> <b>Christmas Holiday</b>	<b>1</b> <b>Christmas Holiday</b>	<b>2</b> <b>Main Entrées:</b> Pizza bagels Sunbutter sandwich w/string cheese  <b>Sides:</b> Baked beans Emoji potatoes Garden bar	<b>3</b> <b>Main Entrées:</b> Chicken Alfredo Yogurt Parfait <b>Sides:</b> Corn Garlic bread Garden Bar <b>Extra:</b> Chocolate graham crackers	<b>4</b> <b>Main Entrées:</b> Hot ham & Cheese sandwich Yogurt parfait  <b>Sides:</b> Carrots Garden bar <b>Extra:</b> Chocolate pudding
<b>7</b> <b>Main Entrées:</b> Waffles & Sausage Sunbutter sandwich w/string cheese  <b>Sides:</b> Hash brown starz Garden bar	<b>8</b> <b>Main Entrées:</b> Grilled Cheese Sandwich Sunbutter sandwich w/string cheese  <b>Sides:</b> Tomato Soup Corn Garden bar <b>Extra:</b> Goldfish crackers	<b>9</b> <b>Main Entrées:</b> Chicken quesadilla Sunbutter sandwich w/string cheese  <b>Sides:</b> Saucy refried beans Garden bar	<b>10</b> <b>Main Entrées:</b> Cheese Pizza Yogurt parfait  <b>Sides:</b> Smiley potatoes Garden bar	<b>11</b> <b>Main Entrées:</b> Macaroni & Cheese Yogurt parfait  <b>Sides:</b> Green Beans Breadstick Garden Bar
<b>14</b> <b>Main Entrées:</b> Chicken Nuggets Sunbutter Sandwich W/String Cheese  <b>Sides:</b> Dinner Roll Mashed Potatoes & Gravy Garden Bar	<b>15</b> <b>Main Entrées:</b> Hamburger/Cheeseburger Sunbutter sandwich w/string cheese  <b>Sides:</b> French fries Garden bar	<b>16</b> <b>Main Entrées:</b> Stuffed mozzarella cheese sticks Sunbutter sandwich w/string cheese  <b>Sides:</b> Potato wedges Garden bar	<b>17</b> <b>Main Entrées:</b> Southwest Chicken Bake W/Breadstick Yogurt Parfait  <b>Sides:</b> Cauliflower Garden Bar <b>Extra:</b> Rice krispie treat	<b>18</b> <b>Main Entrées:</b> Chipotle Joe sandwich Yogurt parfait  <b>Sides:</b> Baked beans Fruit sidekick Garden bar <b>Extra:</b> Snack mix
<b>21</b> <b>Staff development no school</b>	<b>22</b> <b>Main Entrées:</b> Walking taco Sunbutter sandwich & string cheese  <b>Sides:</b> Saucy refried Beans Garden bar	<b>23</b> <b>Main entrées:</b> Meatball marinara & pasta Sunbutter sandwich w/string cheese  <b>Sides:</b> Key West vegetables Garlic bread Garden bar	<b>24</b> <b>Main entrées:</b> Pancakes & sausage Yogurt parfait  <b>Sides:</b> Hash browns Garden bar	<b>25</b> <b>Main Entrées</b> Chili with crackers Yogurt parfait  <b>Sides:</b> Cinnamon Sweet roll Corn Garden bar
<b>28</b> <b>Main Entrées:</b> *Turkey haystack w/breadstick Sunbutter sandwich w/string cheese  <b>Sides:</b> Broccoli Garden bar <b>Extra:</b> Chocolate graham crackers	<b>29</b> <b>Main Entrées:</b> Chicken rings Sunbutter sandwich & string cheese  <b>Sides:</b> Stir Fried Vegetables Savory brown rice Garden bar	<b>30</b> <b>Main Entrées</b> Cheesy bites Sunbutter sandwich w/string cheese  <b>Sides:</b> Green beans Garden bar <b>Extra:</b> Rice Krispie treat	<b>31</b> <b>Main Entrées:</b> Mini Corn Dogs Yogurt parfait  <b>Sides:</b> Seasoned French fries Baked Beans Garden bar	<b>1</b> <b>Main Entrées</b> BBQ Pork Sandwich Yogurt parfait  <b>Sides:</b> Maple glazed sweet potatoes Garden bar <b>Extra:</b> Cheez-it crackers

### News

All meals include ½ pint choice of skim white or chocolate or 1% white milk

Garden bar offers fresh and canned selections of fruit and fresh vegetables weekly

A meal consists of one main entrée, choice of ½ cup fruit, two sides of vegetables and a ½ pint of milk

Elementary meal: \$2.40  
 Extra milk ½ pint: \$0.40  
 Adult: \$3.55

Menu subject to change without notice

This institution is an equal opportunity provider