

Senior Retreat Details and Guidelines for Nov. 26-27



Why are we going on a retreat?

- To take a break from the ordinary chaos of life
- To make room for God to reveal himself to us.
- To relax and recharge.
- To strengthen our bonds as a community.

How do I help make this a good experience for myself and everyone else?

- Come with an open mind and open heart.
- Follow the packing, clothing, and phone guidelines described below:

What should I bring?

- Personal hygiene items such as soap, shampoo, deodorant, etc.
 - Retreat center provides towels, beds, pillows, linens, and blankets.
- Seasonally appropriate outerwear suitable for outdoor activities such as a long walk.
- Bible, journal, pen
- Pre-packaged (not homemade), nut-free snack to share.

What should I NOT bring?

- Homework
- Drugs, alcohol, tobacco products, any controlled substance, or anything that may be deemed illegal or related to illegal activity. Those who do not abide by the laws of the State of Wisconsin, the regulations of the Archdiocese of Milwaukee, and the rules of the retreat center will be subject to penalties, civil action, and legal prosecution.
 - Anyone found in possession of items such as those described above will face the applicable consequences outlined in the SMSA Handbook. Parents and law enforcement will be notified immediately.
 - Parents will be asked to sign a form indicating that they have checked their child's bag and personal belongings for such items prior to the retreat.

May I bring my cell phone/tablet/personal electronic device?

- No, because the presence of these devices negatively impacts the retreat experience for all participants.
- **Cell phones and personal electronic devices should be left at home or in the student's school locker on the morning of the retreat.**
- If a student is found to be in possession of a cell phone or personal electronic device, the teachers reserve the right to collect and hold said device in a safe container until the end of the retreat.
- **If at any point during the retreat parents need to be in touch with their child, they may call Kollin Petrie at (920) 904-2170. All chaperones will carry phones with them throughout the duration of the retreat in case of an emergency. You can also call the Green Lake Conference Center directly at (920) 294-3323.**

RETREAT PACKING LIST/Cell Phone & Clothing Policy

What can I wear?

YES

- casual clothing such as jeans, sweatpants, sweatshirts, etc.
- seasonally appropriate outerwear and footwear

NO

- *skin-tight/spandex clothing*
 - ***(Leggings may not be worn unless covered by a dress/skirt of proper length).***
- *excessively short shorts/skirts*
- *low-cut, strapless, or cut off tops*
- *sagging pants*
- *clothing with crude/profane/violent messages*

Why not?

We take great care to cover and protect anything that is precious and valuable: diamonds, cars, shoes, etc. We wear modest clothing for the same reason. Our bodies are not bad, but very, very good and holy! We wear modest clothing, because it protects and reveals the true beauty and dignity of our bodies.

If students choose to wear any of the prohibited items listed above, they will be asked to change or be provided with an alternate outfit to wear.

Where will we be staying?

- Kern Lodge at the Green Lake Conference Center
- Guys and girls will have separate sleeping quarters.
- Students will share a room with 3-4 others.

What will we be doing during the retreat?

- Free time for recreational activities and relaxation
- Prayer opportunities and Mass
- Small group faith conversations

What will we eat?

- The conference center will provide lunch and dinner on Monday, as well as breakfast and lunch on Tuesday.
- Snacks and beverages will be available throughout the retreat.
- Each participant is asked to bring a pre-packaged (not homemade), nut-free snack to share.

Questions? Contact Mr. Petrie at (920) 322-8008 or kpetrie@smsacademy.org

